



E.S. Williams Field Solutions

E.S. Williams provides a tailored service supporting mid to large organizations requiring I.T. support in rural areas. ESW Field Solutions acts as an extension of our customers' corporate I.T. services, supporting their processes and standards. We participate in everything from regular I.T. maintenance to project work, providing tier 1-3 support along with desktop, server, application, network communications, printer and control systems support. Field Solutions is separated into three areas:

- Roaming I.T. Services: Covering Alberta and Northern B.C.
- Centralized Support: Specialized Field Application Support Teams
- Print Solutions: Printer support, supplies and inventory management

Contact your ESW Account Manager to find out if ESW Field Solutions can meet your Field I.T. needs

Productivity and Ergonomics

Complaints about stiff necks and sore shoulders? Repetitive Strain Injuries (RSI) are due to poor ergonomics and affect 1 in 10 adults (OHS Canada). Some simple solutions can help alleviate these issues;

- A contoured keyboard can minimize neck and shoulder pain, along with a wrist rest for your keyboard.
- Workers should look down at their monitors, not up.

Every \$1 spent on safety, health and wellness results in \$3 worth of increased productivity (AB Employment).

Speak with your Account Manager to find out how ESW can help you improve office ergonomics and productivity.

Did You Know?

Strategic IT Technologies for 2010

From PC World's "top 10" list here are some key technologies to be aware of in 2010 that may impact your business:

Virtualization: for high availability of applications and hardware cost savings.

Mobile Apps: 1.2 B people will have a Smartphone by the end of 2010.

Security Activity Monitoring: monitoring tools can ID and isolate suspicious activities.

Cloud Computing: running applications via the Web (i.e. Office Live, Google Docs).

IT for Green: using I.T. to support green initiatives (i.e. document management).

Contact your Account Manager to see how these tools can help your business in 2010.